

# THE INSTITUTE FOR CULTURALLY RESTORATIVE PRACTICES



## About The Institute for Culturally Restorative Practices

The Institute for Culturally Restorative Practices utilizes cultural restoration to achieve community wellness by supporting the development and reinvestment in cultural attachment strategies as a service practice.

Culturally restorative practice is one of the cornerstones for the rebuilding of a Nation. Culturally restorative practices require organizations, communities, families, and individuals to come to understand their unique cultural teachings and how this knowledge can create their own standards of practice.

The Institute for Culturally Restorative Practices believes *“the greater the application of cultural attachment strategies the greater the response to cultural restoration processes within a First Nation community” Simard, 2008.*



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## Vision

ICRP seeks to empower Indigenous ways of knowing into service delivery systems with the sole purpose of creating better outcomes of Indigenous children, family, and communities.

## Principles of Practice

ICRP is a value based approach to change management at an individual, family, community, or organizational level. These core values are a set of behaviors and actions which are based in Indigenous reciprocity.

This means ICRP incorporates at all levels of management: respect, collaboration, authenticity, self-awareness, and empowerment in all areas of engagement.

ICRP's, principles of practice are as follows:

- Indigenous Worldviews into Service Practice
- Culturally Safe Environments
- Promotion of Individual and Organizational Self-Discovery
- Personal Transformation for Creating Sustainable Change
- Indigenous Self-Determination

## Mission

- To help create better outcomes which are meaningful for Indigenous children by promoting Indigenous worldviews into practice.
  - Through culturally restorative practice models
  - Through cultural attachment strategies
- To build Indigenous practice based evidence, to support greater systematic change.
  - Through research & development
- To know and understand Indigenous context, historical impacts, residual and generational effects on today's generation
  - Through Indigenous educational processes & curriculum development processes
- To support the development of service structure within communities which are culturally safe for Indigenous children, youth, families, and communities.
  - Through the Natural Protective Network Principle & practice paradigms



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## Services

ICRP utilizes cultural restoration to achieve community wellness by supporting the development and reinvestment in cultural attachment strategies as a service practice

## Educational Seminars

ICRP is committed to supporting the adult learning process in creating culturally safe environments and communities. As a result, the Institute offers an array of Indigenous based learning opportunities.

- Developing a culturally restorative model of practice
- Understanding cultural attachment theory
- Community based treatment programs
- Cultural safety in organizational development
- Historical trauma and Internalized oppression
- Women's wellness
- Youth leadership

## Therapy

ICRP is committed to supporting the wholistic wellness of individuals, families, and communities. As a result, the Institute offers an array of wholistic healing opportunities.

- Individual Therapy, Assessment, Mentoring, and Coaching
- Family Assessment and Therapy
- Community Wellness Initiatives

## Research

ICRP is committed to offering Indigenous research methodologies as an option to scholarly research. The Institute works within the principles of participatory research with the highest standards of OCAP principles—ownership, control, access, and possession of the research process.



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## Organizational Development

ICRP is committed to supporting the development of culturally safe programs. Creating culturally safe environments requires a change in beliefs, attitudes, quality service improvement, values, and at times change to organizational culture and structure.

The Institute provides organizations with the opportunity to increase their effectiveness and viability when working with Indigenous peoples. In order to adapt to the cultural safe environment, the Institute offers the following organizational development programs.

- Management or Board Program Development:
  - Teach / Educate
  - Mentor
  - Support the change process
- Environmental scans and Program evaluations
- Customary care standards of program development
- Customary care program development
- Grant writing
- Social Policy Analyst

## Find out more:

Find out more about the Institute on our website:

[www.culturallyrestorativepractices.ca](http://www.culturallyrestorativepractices.ca)

or read our blog:

[culturalattachmenttheory.blogspot.com](http://culturalattachmenttheory.blogspot.com)

